

# Tomato Bruschetta

## Ingredients:

- ❖ 1 bag of 8 garlic bruschetta breads
- ❖ 6 fresh tomatoes
- ❖ 1 handful of fresh basil
- ❖ 1 red onion
- ❖ 1tbsp. extra virgin olive oil
- ❖ 1-2 tbsp. of balsamic vinegar dressing
- ❖ 1 bag of mixed salad greens

Serves 4



## Method:

To begin, cut tomatoes in half and remove the seeds. Next, dice up the remaining tomato in small pieces and place in a bowl. Peel the onion then dice into very small pieces and combine in bowl with tomato. Slice the basil into small trips and add to tomato mixture. Next, add olive oil and optional garlic to the mixture and toss to combine. Set tomato mixture aside. Then prepare the bread by placing under a grill until golden brown or lightly toasting in a frying pan. Finally, evenly spoon the tomato mixture over the bruschetta bread and drizzle with a balsamic vinegar dressing. Serve with a simple garden salad.

Optional additions: garlic, feta cheese, pine nuts, rocket & spinach.